

CITY OF BOTHELL PROCLAMATION

"NATIONAL RECOVERY MONTH - SEPTEMBER 2012"

WHEREAS, behavioral health is an essential part of health and one's overall wellness; and

WHEREAS, prevention of mental and/or substance use disorders works, treatment is effective, and people recover in our area and around the Nation; and

WHEREAS, the benefits of preventing and overcoming mental and/or substance use disorders are significant and valuable to individuals, families, and the community at large; and

WHEREAS, people in recovery achieve healthy lifestyles, both physically and emotionally, and contribute in positive ways to their communities; and

WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, in 2010, 2.6 million people received specialty treatment for a substance use disorder and more than 31.3 million adults aged 18 or older received services for mental health problems, according to the 2010 National Survey on Drug Use and Health. Given the serious nature of this public health problem, we must continue to reach the millions more who need help; and

*WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and the King County Mental Health and Chemical Abuse and Dependency Services Division invite all residents of Bothell to participate in **National Recovery Month**; and*

NOW, THEREFORE, I, Mark Lamb, Mayor of the City of Bothell, do hereby proclaim the month of September 2012 as

NATIONAL RECOVERY MONTH

JOIN THE VOICES OF RECOVERY: IT'S WORTH IT

In witness whereof, I hereunto set my hand and official seal this 23rd day of August, 2012.



Mark Lamb
Mayor



JoAnne Trudel
City Clerk